

Global Inspiration Conference

17th annual conference



Cardona (Barcelona), Spain

July 3rd to 10th 2010

IBF – International Breathwork Foundation

IBF is a **worldwide network** of people from different traditions and professions who are inspired by and interested in the practice of Breathwork.

IBF warmly welcomes **everyone** who is interested in using breath as a tool for mental, physical, emotional and spiritual well-being.

We have **members in more than 20 countries** from several continents with various cultures and practices of conscious breathing.

IBF is a **source of knowledge and information** about Breathwork practices, with all their richness and diversity.

For more information about IBF, consult our web site:
www.ibfnetwork.com



GIC – Global Inspiration Conference

The GIC is an **international event of celebration, learning and sharing** of the latest techniques and information contributing to both personal and global evolution.

It is the annual coming together for the IBF membership and others who feel drawn to taste and participate in this **most successful of Breathwork gatherings**.

Participants at the GIC include leading professionals in Breathwork and other practices **aimed at healing and the expansion of consciousness**.

It brings about great opportunities for **personal and professional connections**.

Anyone can present his/her work during this unique and exciting program, which is created organically day by day.

The friendly atmosphere build at every GIC creates an ideal environment for **families and children**.

The GIC offers times for connection of the whole group as well as a variety of daily **workshops, keynote speakers** and ... **lots of fun** (dance, music, etc.).

GIC 2010 "Growing together!" - July 3rd to 10th 2010 - Cardona (Barcelona), Spain

2010, Global Inspiration Conference in Spain

Following tradition, the Global Inspiration Conference (GIC) is held every year in a different country. In 2010 we have the privilege of welcoming to Spain the 17th edition of this extraordinary event. **This year's theme, "Growing Together"**, evokes the spirit of unity and solidarity which, in these times of transition, is needed more than ever for the expansion of wellbeing and consciousness on our planet.

Spain, bridge between Europe and Africa, gateway to the Mediterranean sea and platform of connection with America, is a melting pot of millennial cultures such as the Iberian, Celtic, Arab, Greek and Roman. Spain's cultural conglomerate and its geographic location make it ideal for **convergence, acknowledgement, respect and celebration**.

As a result of the passion that distinguishes our people, **GIC 2010 has** succeeded in inspiring and motivating numerous companies and institutions. So far, there are **more than 25 sponsors and collaborators** who reinforce the vision of the Organization that this event will be a milestone in the GIC's and IBF's history.

Evidence of the enthusiasm that GIC 2010 inspires is that, as we print this brochure, in November 2009, **nearly 60 people from 19 countries have already confirmed their participation**.

GIC 2010 features **lecturers** of international prestige, such as Michel Odent, **superb facilities** for this type of event and, above all, **a team of enthusiastic and committed people** who will give a warm and magnificent welcome to our guests.

Join us in GIC 2010! Come and be part of this amazing group of people who will gather in Spain to share and celebrate another step of our growth and expansion.

Growing together!



KEYNOTE SPEAKERS



Michel Odent (UK)

«Childbirth: Needs, Dreams and Reality»

Internationally well known obstetrician, who is considered one of the most prestigious speakers and defenders of conscious childbirth. He is the author of 11 books and more than 50 articles, translated into 21 languages.



Josep M^a Fericgla (Spain)

«Factors that Determine an Experience of Conscious Breathing»

Anthropologist, scientist and university teacher, world traveller, author of 16 books and co-author of 13. He is one of the main experts in the field of modified states of consciousness.



Tilke Platteel-Deur (Holland)

«Growing Together vs. Together We Grow»

Teacher of Breathwork Therapy and Voice Dialogue since 1979. Founder and Director of the Institute for Integrative Breath Therapy, which offers a three years' therapist training. Former President of IBF between 2001 and 2004.



Oscar Duran-Yates (Spain)

«Three Keys of Creativity Based on the Perspective of Quantum Physics»

Creator of the concept of Quantum Coaching and Quantum Collapse Process as well as Trainer of Demartini Method. He is passionate about the use of Quantum physics as a tool for the expansion of consciousness.



Wilfried Ehrmann (Austria)

« From Systemic to Universal Consciousness»

Psychotherapist, Breathworker and Breathwork trainer, Peakstates therapist, Systemic therapist, seminar leader and writer. Developer of new approaches in Breathwork and related areas of therapy.

VENUE

HOTEL « VILAR RURAL », in CARDONA (Barcelona)

Cardona, located 85 km. from Barcelona, sits in the middle of wide-open spaces surrounded by forests of Spanish holm-oaks and pine trees, extensions of cultivated fields, deep valleys and soft mountains.

Situated on a hilltop facing the village of Cardona, the venue hosting the GIC 2010 is a 3*** hotel complex designed as a small village around a main square and two streets.

Facilities include swimming pools, playgrounds, gardens and areas where one can relax and enjoy the splendid views of the valley and the first slopes of the Pyrenees Mountains.

The various meeting rooms and the amplitude of the open air gathering spaces make this the ideal location to enjoy the Conference in relaxing surroundings of great beauty.



Please check our web site www.gic2010.com regularly to have continuous updated information on logistics (transportation, visa, etc...), and proposed workshops and others activities.

FEES

Price per person:

Lodging category		Food and lodging: full pension (*)	Conference Fee		Total Package Cost	
			IBF Member	Non IBF Member	IBF Member	Non IBF Member
A	Single	695 €	350 €	425 €	1.045 €	1.120 €
B	2 p/p room	530 €	350 €	425 €	880 €	955 €
C	3 p/p room	440 €	350 €	425 €	790 €	865 €
D	4 p/p room	395 €	350 €	425 €	745 €	820 €
Kids from 9 to 17		Prices depending on lodging category chosen	-		Prices depending on lodging category chosen	
Child from 2 to 8 (sharing room with 2 adults or with one adult paying single occupancy)		230 €	-		230 €	
Child under 2		-	-		-	
Extra Day/Night		Divide full pension price by 7.				

(*) Includes selected lodging, breakfasts, lunches and dinners and 2 coffee breaks per day from July 3rd at dinner to July 10th at lunch. Extra Days/nights do not include coffee breaks.

Reservation and payment terms:

1. Réservation: payment	200 €
2. Balance to be paid before	May 20 th 2010

See more details and register on our website: www.gic2010.com

SPONSORSHIP

